

# LUNCH MENU

## WEEK ONE

20th April, 11th May, 8th June, 29th June,  
20th July, 7th Sept, 28th Sept, 19th October

We are passionate about serving fresh, locally sourced food that is cooked in our kitchen.



FARMER FRED



FARMER FLORA



Monday

Tuesday

Wednesday

Thursday

Friday

**Bangers & Mash**  
Pork chipolata served with mash, green beans and gravy

**Margherita Pizza**  
Cheesy tomato topped pizza with seasonal salad and garlic slice

**Roast Chicken**  
Boneless chicken with crispy roasties fresh cauliflower and gravy

**Chicken Curry**  
Marinated chicken thigh pieces in a mild curry sauce with rice and fresh courgettes

**Fish Fingers**  
Golden breaded Pollock or Salmon fish fingers with chips and peas

**Quorn Bangers**  
Quorn sausages with mash, green beans and gravy

**Pasta Napolitan**  
Wholemeal Penne, tomato sauce seasonal salad and garlic slice

**Cheese Pinwheels**  
Toasty cheese spirals with crispy roasties and cauliflower

**Sweet Potato Balti**  
Lightly spiced sweet potato, chickpea and lentil curry with rice and fresh courgettes

**Picnic Pitta**  
Quorn dippers and minty cucumber salad with chips and pitta pocket

**Tutti Frutti**  
Sponge  
Dried fruit and cherry cake served with custard

**Sticky Orange Cake**  
Zingy orange cake made with polenta

**Cheesecake**  
Biscuit base with soft cheese and fruity topping

**Chocolate Brownie**  
Served with Orange Slices

**Cookie and Shake**  
Oat Cookie & Chocolate Milkshake

Two seasonal vegetables, a range of salads, fresh bread and a choice of desserts including hot pudding, yoghurt or fruit are available daily.  
Filled jacket potatoes and freshly made sandwiches are also available.

# LUNCH MENU

## WEEK TWO

27th April, 18th May, 15th June, 6th July,  
27th July, 14th Sept, 5th October, 26th October

We are passionate about serving fresh, locally sourced food that is cooked in our kitchen.



FARMER FRED



FARMER FLORA



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>All Day Breakfast</b> Grilled pork sausage, baked beans, tomato and hash brown with bread and butter</p>	<p><b>Firecracker Pizza</b> Healthy pizza with a hint of chilli with mixed salad and wedges</p>	<p><b>Baked Gammon</b> Baked gammon with crispy roasties, broccoli and gravy</p>	<p><b>Chicken Korma</b> Marinated chicken thigh pieces in coconut curry sauce with rice and sweetcorn</p>	<p><b>Breaded Pollock</b> Lightly breaded white fish fillet chips and peas</p>
<p><b>Veggie All Day Breakfast</b> Veggie sausage, baked beans, tomato and hash brown with bread and butter</p>	<p><b>Pasta Bake</b> Wholemeal Pasta with fresh basil tomato sauce and cheese with wedges</p>	<p><b>Cheddar Quiche</b> Wholemeal pastry with cheese and onion filling with crispy roasties and broccoli</p>	<p><b>Cauliflower Jalfrezi</b> Lightly spiced cauliflower and lentil curry with rice and sweetcorn</p>	<p><b>Beany Wrap</b> Wholemeal wrap stuffed with baked beans and cheese</p>
<p><b>Banana Loaf</b> Fruity banana bread cake</p>	<p><b>Anginetti</b> Italian lemon drop biscuits</p>	<p><b>Eton Mess</b> Crushed meringue and berry rippled cream</p>	<p><b>Carrot and Pineapple Muffin</b> Spiced with Cinnamon</p>	<p><b>Cookie and Shake</b> Ginger Cookie and Vanilla Honey Shake</p>

Two seasonal vegetables, a range of salads, fresh bread and a choice of desserts including hot pudding, yoghurt or fruit are available daily.  
Filled jacket potatoes and freshly made sandwiches are also available.

# LUNCH MENU

## WEEK THREE

4th May, 1st June, 22nd June, 13th July,  
31st August, 21st Sept, 12th October

We are passionate about serving fresh, locally sourced food that is cooked in our kitchen.



FARMER FRED



FARMER FLORA



Monday

**Pizza Whirl**  
Cheesy pizza roll with tomato filling cobb salad and wedges

**Macaroni Cheese**  
Baked cheesy pasta with a crunchy topping and mixed salad and wedges

**Italian Crumble Cake**  
Crumble top and bottom filled with apples served with custard

Tuesday

**Lasagne**  
Beef Bolognese layered with pasta topped with white sauce, garlic slice and house salad

**Vegetable Lasagne**  
Roasted vegetables layered with pasta topped with white sauce, garlic slice and house salad

**Jelly and Fruit**  
Fruit flavoured jelly with extra fruit

Wednesday

**Roast Chicken**  
Boneless chicken with mash, fresh carrots and gravy

**Quorn Roast**  
Quorn with mash, fresh carrots and gravy

**Ice Cream Tub**  
Vanilla ice cream with fruity toppings

Thursday

**Chinese Chicken Curry**  
Marinated chicken highs with curry sauce and rice

**Beany Enchilada**  
Mild chilli beans, peppers and onions with rice and sweetcorn

**Apple Flapjack**  
Oats, apples and syrup home baked in a chewy bar

Friday

**Fishcakes**  
Mini white fish fishcakes with chips and peas

**Vegan Sausage Puff**  
Quorn sausage wrapped in puff pastry with chips and peas

**Cookie and Shake**  
Lemon Cookie and Berry Milkshake

Two seasonal vegetables, a range of salads, fresh bread and a choice of desserts including hot pudding, yoghurt or fruit are available daily.  
Filled jacket potatoes and freshly made sandwiches are also available.